

Keynote – Thursday, April 12, 2018

Self-Care for Career Counselors and Clients

Dr. Shauna Moore Reynolds, Ed.D., LCPC-S, NCC, ACS

As career counselors, you often advise your clients to use self-care on a regular basis, but with the built-in stressors of the counseling profession, it is prudent to consider how you as counselors are doing with your own self-care. Dr. Shauna Moore Reynolds will speak on the holistic wellness model which will leave the participant with a better understanding of self-care for themselves and for the clients that they work with.



Dr. Shauna Moore Reynolds, Ed.D., LCPC-S, LPC, NCC, ACS is an Adjunct Professor at Johns Hopkins University in the Department of Education, a former Associate Professor at Loyola University of Maryland in the Department of Pastoral Counseling and the owner of SMR Counseling Services. Dr. Reynolds holds a doctorate degree in Counselor Education and Supervision from Texas Southern University, and provides psychotherapy to individuals, couples, and families in crisis with a focus on anxiety, depression and post-traumatic stress. Dr. Reynolds' past experience includes positions with Texas Department of Protective Services, The District of Columbia Attorney General's Office, The United States Attorney's Office and The Department of Justice.

Dr. Reynolds is a Licensed Clinical Professional Counselor in Maryland, a Licensed Professional Counselor in Washington, D.C., a National Certified Counselor, an Approved Clinical Supervisor and a Red Cross Disaster Mental Health Volunteer.

Keynote – Friday, April 13, 2018

Your Role in the Gig Revolution: Thriving in a Changing Economy

Angela Heath

One-third of US workers today are part of the contingency workforce. This growing workplace revolution along with artificial intelligence has profound incalculable implications for the career industry. Hence, it is critical that job seekers and those who assist them understand and begin to prepare for the workplace of the future.

Angela Heath provides a review of the global trends and how professionals in the DMV area can position themselves to help clients integrate gig economy opportunities into their transition and career plans. Emerging issues such as income patching, entrepreneurial jobs and bridge employment will be discussed.

Whether your clients are just entering the job market, experiencing a mid-career layoff or re-entering the labor force, the way people earn income is expanded and cannot be ignored. Angela will address how career practitioners can re-tool and put a plan in place to stay relevant in these changing and turbulent waters.



Angela Heath is a nationally-recognized expert at helping career seekers, especially baby boomers; re-package their talents, skills and passions for the new realities of work. For two decades, she has worked on cutting edge workplace issues authoring classic resources such as Think of Your Entrepreneurial Future Trainer's Guide, Managing a Multi-Generational Workforce managers training and the Caregivers in the Workplace program kit. Her current focus

centers around redefining work and helping career seekers and supportive career professionals capture the opportunities presented by the gig economy and micro-business ownership. She helps them leverage inexpensive 21st century tools to create successful options for earning income.

Ms. Heath's latest work includes Do the Hustle Without the Hassle: A Quick, Simple, Affordable Way to Make Money Online at Age 45+ and How Workers 50+ Are Disrupting the Employment Industry: Five Secrets You Really Need to Know. Angela Heath is an award-winning author and an advance-level Toastmaster whose work speaks volumes. As a consultant, she absolutely astounds her clients by creating national award-winning projects and highly-visible, engagement strategies. She is president of TKC Incorporated providing transformational speaking and training services across the country. Angela resides in College Park, MD where she volunteers with churches organizing women's empowerment trainings.